



# EGYPTIAN ODYSSEY 2023

*The Nile River & the Chakras -- the Divine Path of Initiation*

DECEMBER 4 TO 15, 2023

*ODYSSEY-- a spiritual quest of self-discovery; a journey home*

**SPECIAL  
EARLY BIRD  
PRICE!**

[WWW.SHEILAAHITE.COM](http://WWW.SHEILAAHITE.COM)

*“Egypt provides a gateway to your ancient past...  
all you need to do is step through it.”*

*Fodors*

DECEMBER 4 TO  
DECEMBER 15, 2023

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and to book your space,  
contact*

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The Nile River in Egypt beckons you home for the Rite of Initiation, the Divine awakening to your birthright of power and grace. Our Nile River pilgrimage is an initiation, a rite of passage signifying the transformation in which you can at last recognize, acknowledge, and merge with your whole being.

The Nile River is the life blood of Egypt. As it courses through the land, its path represents the Chakra system-- our spiritual power points, and Egypt itself represents the body-- our physicality. Like the Chakra system, it travels upward from its base in the south to its pinnacle in the north, increasing in strength, clarity, and its assimilation with Divine energy.

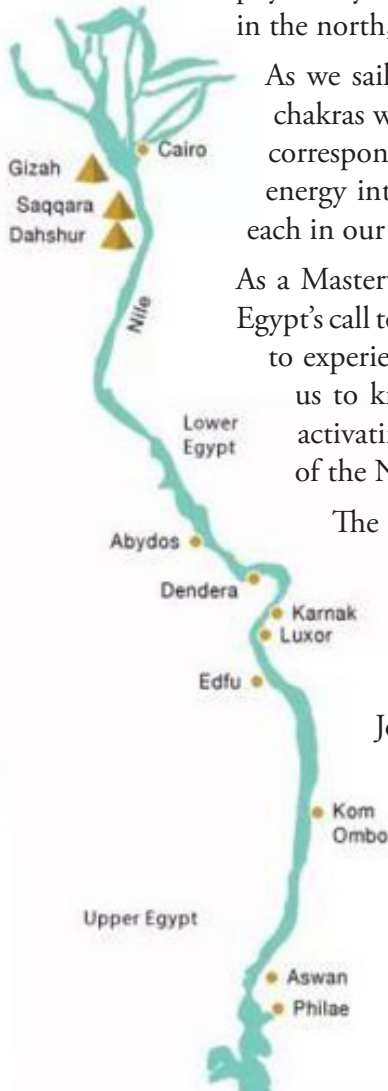
As we sail on our own private ship on this great waterway, we'll be aligning each of our chakras with the power of the temples, goddesses, and gods that embody the energy of the corresponding chakras. With each power point along the way, we'll integrate that particular energy into our own individual chakra systems, thus becoming what we are meant to be, each in our own unique way.

As a Masterwork of Divine Intention, you see and experience life more deeply than others. Egypt's call to you promises that every day there, will in some way give you plenty of opportunity to experience the gentle embrace of your Egyptian past lives. Now, the time has come for us to know, honor, and consciously express this powerful part of our soul's lineage by activating and aligning our spiritual power points-- our chakras-- with the chakra stations of the Nile River as we attain our life's purpose of Mastery.

The successful encounter with your own Divine path happens on many levels-- the physical, mental, spiritual, and emotional. Through your own soul-deep experiences, the paths that connect the ancient realms and the world of today will open, transport, and realign you with the Divine Intention of your soul's journey throughout your many lifetimes.

Join me here in this fertile, spiritual land whose indelible imprint on your soul's lineage will be revealed. Come and renew the ancient kinships familiar to you-- your remembrances of the beautiful, welcoming souls, and the land-captivating, familiar, eternal in both its verdancy and its aridness.

Like a treasure map or Tarot spread, the Chakra system outlines your path to your Life Mastery, which will be revealed to you by following the call of your soul's lineage. By so doing, you will explore, discover, and release the karma of your past as you align and embrace your new energetic move onto a deeper pathway of self-expression and joy.



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*“This is the  
purpose of life--  
to get what  
you want.  
There are  
deeper things,  
but this is fun.”*

*Karl Lagerfeld*

There are many ways to describe a pilgrimage to Egypt-- none of them do it justice, though. Immediately upon arrival, you'll recognize that the energy of the land and the gods is as palpably rich and unchanged as it was so many millennia ago. Each of my journeys to this spiritual motherland shows me something ancient, infinite, profound, affirming, and in some inexplicable way, empowering, liberating, and healing, every minute of every day I am there.

The power of Egypt holds you in a loving embrace. And, as in so many ways with Spirit, you'll come to understand the importance of your presence there with each chakra alignment experience. The purpose of your presence in this magical land will become more and more clear as you "re-meet" old friends and loved ones. With each profound experience, you will be led back to a great place in your own soul's history so that you can consciously know and live in alignment as you recognize and take your powerful place in this evolving, magical Universe.

Our Egyptian Odyssey goes beyond the usual tourist track. We are blessed to have Rina (my sister all those many lifetimes ago) as our Egyptologist and guide. The structure of our Egyptian Odyssey ensures that our sacred journey will be a fulfilling one, revealing and reconnecting us to the wealth of our life's power and purpose. Each day and experience will provide opportunities for soul-evolving shifts as we consciously reconnect to the richness of our soul's lineage. At each sacred site and in each temple, we'll hear the whispers of the past as we consciously align with our Egyptian past lives.

With elegant grace touching our souls and reconnecting us to our true path, we'll sail the Nile in the same manner that royalty has used for millennia-- on our own private dahabiya-- a sailing ship designed to transport us in style. We'll also travel in well-appointed coaches and stay in 5-star hotels and resorts. We'll enjoy our soul's remembrances as we return to the goddesses, gods, and sacred temples calling us. In addition to the other divine sites we'll visit, we'll experience receiving deeply personal messages from spirit during our private visits to the Great Sphinx, and the King's Chamber in the Great Pyramid, as well as during our private audience with Sekhmet, the fiercely protective goddess of healing and strength. (The visit with Sekhmet alone is reason to go!)

As everyone who's traveled on one of my Odyssey's knows-- there will be shopping! We'll visit the bazaars and shops for items that call to us. Adorning and gifting one's self is as spiritual an act and art as silent meditation. The hand-crafted rugs, goods made of luxurious Egyptian cotton, custom made hieroglyphic cartouches, and Egypt's renowned specially blended sacred oils will be visual and ever-present reminders of your journey of reconnection.

We'll further delight our senses by attending a mesmerizing performance of the Rumi inspired Al-Tanoura Egyptian Heritage Sufi Dance troupe.

Just think of the wonder of it as you discover the particular goddess or god you resonate with. What soul deep questions will be answered for you? What great truths, profound sacred memories, and slumbering powers will awaken within you during our visits to the temples and private audiences with these powerful deities?



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## WHY YOU SHOULD JOIN ME:

This is your chance to **experience Egypt** with a group of like-minded spiritual travelers and **have unique spiritual awakenings, initiations, and opportunities** the typical tourist never has. Both the spiritual and practical aspects of the Odyssey are well planned: five-star accommodations, amazing meditations and ceremonies, **the very best guides** who really know Egypt.

Our Egyptian Odyssey is the perfect opportunity to **awaken your Divine Intention** as you discover and connect with the purpose and Mastery of your life.

Each destination and event have been carefully chosen and designed to give you **extraordinary, once-in-a-lifetime experiences**.

As you **discover and learn how to move, step by step, into the life you were created for**, your insights and experiences will inform, empower, and bless every day of the rest of your life.

We'll be **experiencing the most amazing energies, reconnecting with our own individual goddesses and gods, recognizing "old soul" brethren, and embracing the mysticism of our soul's journey** on so many wondrously exquisite levels!

## THIS IS ONLY A FRACTION OF WHAT WE'LL EXPERIENCE:

We'll begin our exquisitely mystical journey at the Giza Plateau, site of the last remaining wonder of the seven ancient wonders of the world, the Great Pyramid and its protector, the Sphinx. On a day that will be remembered as one of the most amazing days of one of the most amazing experiences of your life, we'll "open the way" with a specially channeled guided meditation that will prepare you for our wondrous journey back in time. We'll visit the many temples and newly discovered artifacts of the Giza Plateau and of course, we will have a private audience at the feet of the Sphinx. And for the more adventurous, you can choose to take a camel (or horse) ride (great photo op!).

We'll have an opportunity to purchase specially blended high quality Egyptian oils at a world class perfume and oil shop. We'll visit the recently discovered burial site at Saqqara, where we'll explore newly found family crypts. We'll visit the Egyptian Museum and if it's open, we'll visit the brand-new Grand Egyptian Museum to see some of the most famous artifacts and mummified remains in the world. We'll get to examine remarkable statues of the Pharaohs, goddesses and gods, sarcophagi, and jewelry, including the legendary collection from the tomb of the boy pharaoh, Tutankhamen.

We'll explore Old Cairo and the narrow streets and alleys of the Khan El Khalili Bazaar, where in the cafes, you can relax and drink strong Turkish coffee. You can practice the ancient art of haggling with merchants for treasures that catch your eye. We'll visit a carpet factory, where we can observe the ancient art of weaving a piece of functional art and if you so choose, you can purchase the dream of a lifetime-- a handmade Egyptian carpet. Now that's a souvenir that'll always remind you of the power of place!

Egypt is known for its fine alabaster art pieces. We'll visit one of the best shops and see if one of their ancient carvings calls out to your soul. (My small and mighty alabaster statues of Sekhmet and Anubis chose me and I am ever grateful!)



*"Everything  
I've seen is  
teaching me how  
to trust God for  
everything  
I haven't seen."*

*Rumi*

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*“It’s impossible,”  
said pride.  
“It’s risky,”  
said experience.  
“It’s pointless,”  
said reason.  
“Give it a try,”  
whispered  
the heart ♥”*

*Anonymous*

And did I mention the jewelry and custom-made hieroglyphic cartouche shopping? Definitely have your name in hieroglyphics put on your own custom-made cartouche! Beautiful and unique wearable art!

We’ll visit the incredible Sultan Hassan Mosque, one of the most beautiful mosques in the Middle East, the historic Ben Ezra Synagogue, and one of the oldest Coptic churches in Egypt, the Hanging Church where Mary, Joseph, and the infant Jesus rested at the end of their journey into Egypt.

We’ll fly to Aswan, where we’ll board our own private dahabiya. Later, we’ll visit the Aswan market, relax and sip Turkish coffee and shop at the local spice market. While on board our ship, we’ll each have an Aura-Chakra photo session and reading, as well as have the option of learning to prepare an Egyptian dish, and/or get a massage. We’ll visit the stately and elegant Nubian Museum and an Egyptian cotton shop (Egyptian cotton goods are said to be the best in the world). We’ll have one of our more powerful Alignment ceremonies at the Philae temple of the goddess Isis. We’ll visit her alter in the space that is considered the “holiest of holies”. Afterwards, we’ll sail to Edfu and visit Edfu Temple and the “duality” temple at Kom Ombo.

We’ll sail to elegant Luxor and stay at the idyllically beautiful Jolie Ville Luxor Resort Hotel, situated on an island in the Nile. We’ll visit Dendera and Abydos temples where we’ll meet some of our most important and powerful god guardians. Here, in Luxor, if you desire, you can take an optional hot air balloon ride.

And by permission of the goddess Sekhmet, we’ll have a rare, exclusive private audience with her! There are no words! It seems that the weight of the world falls away from you once you’ve spent time with her. Each person’s experience will be unique to them as she embraces you with powerful, unconditional love, healing, and protection.

Before we leave Luxor, we’ll get to visit a papyrus shop and learn how papyrus is made and how an artist uses it as a canvas. We’ll also get to have a private shopping experience with the merchant whose home village weaves beautiful silk and linen scarves. He also custom makes exquisite jackets and coats out of tapestries-- a must have!

We’ll return to Cairo by air and we’ll attend a mesmerizing performance of the Rumi inspired Al-Tanoura Egyptian Heritage Sufi Dance troupe. Sufi dancing-- the dance of the Whirling Dervishes-- was originated in the 13th century by the poet and mystic, Rumi, who is said to have invented whirling when he first spun himself into an ecstatic trance in the 13th century. The Whirling Dervishes dance is a traditional form of Sufi worship, a continuous twirling with one hand pointed upward reaching for the Divine and the other hand pointed toward the ground.

We’ll return to the Giza Plateau and our private visit to the Great Pyramid which we’ll enter and ascend to the King’s Chamber. There, the Crown Chakra Initiation ceremony will take place simultaneously in both the King’s Chamber and in front of the Great Pyramid. The Crown Chakra Initiation ceremony will bring us home-- back to a conscious knowing of our own powerful place in the Divine order of all things sacred.

We’ll travel to Alexandria and visit the site of the ancient library of knowledge, the old Roman theater, and the Citadel of Qaitbay. We’ll enjoy a delicious lunch overlooking the Egyptian part of the Mediterranean sea before we head back to Cairo where we’ll gather together for a festive farewell dinner.



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## WHY I HAVE BEEN CHOSEN TO GUIDE YOU ON THIS ODYSSEY:

My life is an ever changing, soul evolving, joy-filled, transformational odyssey and when you accompany me on a journey like this-- your life changes! Join me and share in my magic as you discover your own!

As the person who coined the phrase and wrote the book, *The Spiritual Hedonist*, I know the ways of consciously choosing to live a life of class, grace, and soul awareness. As a result, I understand that Spiritual Wisdom can only come about if you're able to fully experience life, fun, creativity, and the joy of connecting to your senses.

***Life is a journey; I know the route*** – I am one of only a handful of people in the world permitted by the British government to enter and conduct ceremonies in the sacred 'inner circle of stones' in Stonehenge, as well as being the first metaphysician authorized by the city of Malibu, California to teach in their facilities.

From the outer world, I guide you to the inner world where you will discover and reclaim the power, beauty, and magic of your life's purpose and soul's intention. And from the inner world I guide you back to the outer world where you can live in the fullness of that divine knowledge and awakened spirit. Socrates said, "Know Thyself"-- I go beyond that and I teach you what I have learned, how to 'Trust Yourself' so that you can 'Know Yourself.'

## ITINERARY

- Mon, 4 Dec.** Arrive at Cairo airport where you'll be met by our representative who will assist you through customs and baggage claim. They'll transport you to our hotel and assist you with the check-in process. En route, you'll catch your first glimpse of the Great Pyramid-- breath taking! We'll gather for our first group dinner and meeting in the evening. (Dinner)
- Tue, 5 Dec.** Morning tour of the Giza Plateau outside the three great pyramids. Private visit to the guardian of the pyramids, the Great Sphinx. You may shed tears at the wonder of it all! Visit Isis Temple and Valley Temple. A panorama view of the site-- a great photo op! And for the more adventurous, a camel or horse ride-- a grand experience and another picturesque photo op. Visit to a specialty oils shop. Visit 4,700-year-old Step Pyramid, Egypt's oldest surviving pyramid and Saqqara, an important, recently unearthed burial site and one of Egypt's richest archaeological sites. Tour one of Egypt's most venerable carpet factories. (Breakfast, Lunch, Dinner)
- Wed, 6 Dec.** Fly to Aswan. Check in to our Dahabiya, our private ship. We'll visit Philae temple, home of the goddess, Isis, the Divine Feminine, for one of our Alignment ceremonies in the "holiest of holies" area of the temple. Visit the Nubian museum and the spice market. Have the first of our Aura-Chakra photo session readings. (Breakfast, Lunch, Dinner)
- Thur, 7 Dec.** Sail to Kom Ombo to visit the "duality" temple, dedicated to two deities, Sobek, *Lord of the Waters of the Nile* who brought fertility to the land, and the solar deity, Horus. Have the next set of our Aura-Chakra photo session readings. (Breakfast, Lunch, Dinner)

- Fri, 8 Dec.** Sail to Edfu temple, the temple of the god Horus. Later, as we cruise down the Nile, you can relax and begin to process all you've experienced so far. We'll have the next set of our Aura-Chakra photo session readings. Mile after wondrous mile, you'll observe so many timeless scenes on shore-- your mind will not have words to describe them; your heart and soul, though... (Breakfast, Lunch, Dinner)
- Sat, 9 Dec.** An optional hot air balloon ride is available if you choose. Visit Hatshepsut temple, the temple of *only the third woman to become pharaoh in 3,000 years of ancient Egyptian history*, and the first to attain the full power of the position. Visit to an alabaster shop for a demonstration of the centuries-old art of beautiful functional and fine art carvings. Visit to one of my favorite spiritual sites-- a phenomenal jewelry shop! (Breakfast, Lunch, Dinner)
- Sun, 10 Dec.** Visit Karnack Temple where we'll be granted an exclusive private audience with Sekhmet, the powerful goddess of protection and healing! Bring your wish list! We'll visit a Papyrus shop and learn about the many uses of this versatile plant. We'll check out of our dahabiya and check into a hotel. Later, there will be shopping! (Breakfast, Lunch, Dinner)
- Mon, 11 Dec.** We'll visit Dendera, the temple of Hathor, goddess of music, dance, love, and beauty. Later, we'll visit Abydos Temple, the temple of the 7 gods, where you will "meet" and receive messages from one of your guardian gods. You'll also get to decide if some of the ancient carvings are indeed helicopters and jet planes! Later, we'll have an opportunity to buy unique hand-woven scarves and order a bespoke jacket or coat. (Breakfast, Lunch, Dinner)
- Tue, 12 Dec.** We'll fly to Cairo. We'll enjoy a visit to Old Cairo where we'll visit the old tent makers quarter and have an opportunity to buy some of the most exquisite hand-crafted fabric art. While there, we'll visit the incredible Sultan Hassan Mosque, one of the most beautiful mosques in the Middle East, the historic Ben Ezra Synagogue, and one of the oldest Coptic churches in Egypt, the Hanging Church where Mary, Joseph, and the infant Jesus rested at the end of their journey into Egypt. We'll visit an Egyptian cotton goods shop (Egyptian cotton is among the best in the world.) (Breakfast, Lunch, Dinner)
- Wed, 13 Dec.** Today we'll visit the King's chamber in the great pyramid for our all-empowering and transformational Crown Chakra Initiation ceremony. We'll visit the Egyptian Museum and if it's open, we'll visit the brand-new Grand Egyptian Museum where we'll see some of the most famous artifacts and mummified remains in the world as we examine remarkable statues of the Pharaohs, goddesses and gods, sarcophagi, and jewelry, including the legendary collection from the tomb of the boy pharaoh, Tutankhamen. We'll enjoy a mesmerizing performance of the Al-Tanoura Egyptian Heritage Sufi Dancers and Dinner. (Breakfast, Lunch, and Dinner)
- Thur, 14 Dec.** We'll visit the city of Alexandria on Egypt's Mediterranean coast. It's home to the ancient library of knowledge and the Citadel of Qaitbay. Back in Cairo, we'll meet for our Farewell Dinner and celebrate our once-in-a-lifetime journey, our renewal, our reconnection to Egypt and our eternal selves. (Breakfast, Lunch, and Dinner)
- Fri, 15 Dec.** After our final Egyptian breakfast, we check out of the hotel and transfer to Cairo airport for the flight home. As we fly away, we see the Pyramids from the air, and know we have been transformed and will return to this magical, mystical land again. (Breakfast)



*(Please Note: Great care and planning have gone into creating the Odyssey. However, on occasion, the itinerary schedule may need to be adjusted to suit current circumstances.)*

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## WHO ARE OUR GUIDES?

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As the person who coined the phrase and wrote the book, *The Spiritual Hedonist*, Sheilaa knows the different ways of consciously choosing to live a life of class, grace, and soul awareness. As a result, she understands that Spiritual Wisdom can only come about if you're able to fully experience life through the fun, creativity, and joy of connecting to your senses.

Sheilaa is one of only a handful of people in the world permitted by the British government to enter and conduct ceremonies in the sacred 'inner circle of stones' in Stonehenge, as well as being the first metaphysician authorized by the city of Malibu, California to teach in their facilities. When she says, "*Life is a journey; I know the route,*" she truly means it.

### **Rina Abu El-Wafa**

*"Rina moves with the ancient magic of the past."* - Casy C., 2022 Egyptian Odyssey

The preeminent Alexandria based Egyptologist and tour guide who specializes in guiding spiritual groups. With a commitment to excellence and escorting her clients through a unique Egyptian experience, she appreciates how important Egypt is to those of us in the metaphysical community. Personable, professional, and knowledgeable, she works to provide us with a safe, secure, magical, once-in-a-lifetime experience. She offers world class service, special entry to magnificent sites, top quality hotels, an understanding of the Egyptian culture, and so much more as she helps to make the dream of Egypt a reality. With special care taken to include the heart and soul of the areas visited, emphasis is placed on sacred sites, areas of historic spiritual significance, and all of the practical details of the trip.

## WHAT?

A once in a lifetime experience, sacred places and sacred soul-time, fun time, breathing time, alone time, group time.

## WHERE?

Egypt, the mystical gateway to your ancient past.

## WHEN?

December 4 – 15, 2023

## WHY GO THERE?

The life changing experiences, the destinations, the events that become a portrait of self-discovery for each participant on this journey, the fun of it, new people and places, the results; each destination, each event is a marker of your progress on this powerfully liberating journey, the realization that using your resources for your soul is as important to your development and life as eating, the knowledge that you are, and you can create magic.



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## JOIN US AND EXPERIENCE:

- The Great Pyramid, private time in the King's Chamber just for our group in the oldest and last remaining of the ancient 7 Wonders of the world
- Private visit at the feet of the Sphinx
- Private audience with the goddess, Sekhmet at Karnak Temple-- a rare & special event!
- Visit with the "holiest of holies" goddess Isis at her altar in Philae Temple
- Temple of Abydos-- temple of the 7 gods
- Hathor Temple at Dendera
- Horus Temple at Edfu
- "Duality" Temple of Kom Ombo
- 4-day Nile cruise (on our own private 5-star sailing ship)
- Travel with other like-minded spiritual adventurers
- And countless other serendipitous wonders!

## WHAT'S INCLUDED:

- Land pricing
- Egypt Entry Visa
- All in-country travel
- Transfers between airports & hotels
- 11 nights hotel/Nile cruise accommodations (double occupancy). Single occupancy can be arranged for an additional cost
- Breakfast, lunch, & dinner daily and special Opening and Farewell Dinners
- Private meditation time in the King's Chamber in the Great Pyramid
- Private time at the feet of the Sphinx
- Private audience with the goddess, Sekhmet-- a rare and special event!
- Visit to the goddess Isis and Philae temple
- Specially designed group guided meditations
- Expressly designed ceremonies
- Aura-Chakra photo session readings
- An interpretation of our channeled energetic intention for each day
- An interpretation of our daily numerological and astrological guidance to support us
- All Odyssey teachings, ceremonies, rituals, trainings, meditations, group sessions and processes
- An Odyssey journal & pen
- Transportation with drivers and local guides
- Hotel portorage of 1 suitcase per person
- Ground transportation, as per the itinerary throughout the Odyssey (including ground transfer between airports and hotels)
- All excursions and entrance fees indicated in the itinerary
- Free time to use as you wish
- Explorations for art, keepsakes, and body adornment (shopping!)
- Countless serendipitous wonders and memories to feed the soul and renew the spirit
- An information packet with tips and hints on Egyptian culture, traveling clothes, walking shoes, passports, visas, travel papers, travel insurance, local currencies, and more

## WHAT'S NOT INCLUDED:

- Your round-trip airfare to/from Cairo
- Departure taxes and travel expenses before and after the Odyssey
- Any purchases while shopping in the alluring cities, villages, and markets along the way
- Gratuities for waiters, drivers, and Egyptian guides (As with all inter-national tours)
- Personal, medical, or trip cancellation insurance
- Hot air balloon ride (extra charge)
- camel/horse ride (extra charge)
- Massage (extra charge)
- Incidental beverages (in restaurants, the drinks are not included-- bottled water, soft drinks, etc.)
- Hotel extras, souvenirs, personal phone calls, spa services, cleaning services and laundry, tips for bell-boys and your room maids, and any item not specifically detailed in the Odyssey itinerary.

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## FLIGHTS

**Although you are responsible for your own flights and/or transportation to and from Cairo, please contact Sharon Polidoro of Berkshire Travel Group first (email: [spolidoro.btg@gmail.com](mailto:spolidoro.btg@gmail.com)). Sharon can assist you with flight arrangements, airport transfers, and any additional travel plans, as well as ensure that your flight plans will fit the structure of the Odyssey.**

You must arrive at the hotel in Cairo **no later than 6pm, December 4<sup>th</sup>, 2023** to ensure participation in all events.

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*“Twenty years from now you will be more  
disappointed by the things you didn’t do than by the ones  
you did do. So, throw off the bowlines, sail away from  
the safe harbor. Catch the trade winds in your sails.  
Explore, Dream, Discover.”*

*Mark Twain*



## EGYPTIAN ODYSSEY PRICING & INFORMATION

**Early Bird Price:** Land only, \$4,777.00 USD per person, based on double occupancy, **if paid in full by June 30, 2023**. If you're traveling solo, we can match you with a roommate for double occupancy status. (Other Egyptian tours not even offering close to what this Odyssey offers are 2-3 times the price!)

**Cost of the Egyptian Odyssey** - Land only is \$4,999.00 USD per person, based on double occupancy. Full payment must be received no later than October 1, 2023. If you're traveling solo, we can match you with a roommate for double occupancy status. (Other Egyptian tours not even offering close to what this Odyssey offers are 2-3 times the price!)

**Single supplement** - \$ 820.00 USD per person

**Value of the experience – PRICELESS!**

**Deposit Required upon registration** - \$999.00 USD will reserve your space. (Payment plan is available) Balance due October 1, 2023

**Travel Insurance** - Trip cancellation insurance is offered by the travel agency. It's always a good idea to get it-- it protects you. **Contact Sharon at Berkshire Travel Group for more information-- [spolidoro.btg@gmail.com](mailto:spolidoro.btg@gmail.com)**

**Cell phones** - an international cellphone is recommended, or local SIM Card which can be purchased from your cell phone provider or at Cairo airport when you arrive in Egypt.

## TESTIMONIALS

**DAMLA A. (Healer)** Going on the Egyptian Odyssey with Sheila and my soul travelers was the journey of a lifetime for me. From the private visit with the goddess, Sekhmet, to the meditation in the King's chamber of the Great Pyramid to all the beautiful temples and sacred sites we visited, I felt deeply held, nourished, and healed-- not just by the sacred land of Khemet and Goddesses but also by the healing mother energy held by all of us in the group. We laughed, cried, ate, celebrated, and moved through and released lifetimes of karma together. I am forever grateful for this experience and Sheila's divine spiritual guidance.

**CIERA A. (Astrologer, Metaphysical Diviner)** The Egyptian Odyssey was a once in a lifetime trip, but the kind that makes you hope it really could be MORE than once in a lifetime! We didn't just go on a trip, we went on a journey. I can confidently say that this trip changed my life. I can't imagine what my life would look like now had I not gone on this incredible adventure. Not only were the practical parts of the trip seamlessly organized and executed, but the attention to the spiritual detail was beyond what I could have ever expected. Everyone, both as a group and as individuals, had life-changing experiences. Imagine not only getting to appreciate the architectural beauty of an ancient temple, but the spiritual power of it as well. I am forever changed by this experience and I am forever grateful I decided to embark on this Odyssey.

**CASY C. (Actor, Director, Teacher)** Once I saw your Egyptian Odyssey brochure something inside me woke up. I didn't know why; I just knew I needed to be with you on our Odyssey. From that first group dinner and meeting one another, I experienced such positive energy. I knew great care had gone into the planning of all that was about to happen.

From the pre-dawn private visit to the goddess Sekhmet at the Temple Karnak, to the idyllic afternoons on the roof deck of our ship as we cruised down the Nile, it was all exquisitely dreamlike. I know there are not really words that can fully express how Egypt took hold of me, embraced me, told me who I had been, and how I was about to transform. Upon my return home I realized I was going to live from my heart and trust myself and life again. As a result, I'm now committed to following my dreams. An unexpected side effect of this awakening-- my marriage is happier than ever because I too, am happier. I love and appreciate you, Sheila, and the beautifully transformative trip.

**BARBARA S. (Tarot Practitioner)** As promised, my Egyptian Odyssey was certainly a trip of a lifetime. Our fearless leaders Sheila and Rina were spectacular and even though I've been back for a while, I am still processing all that we experienced. We got to do things that you would never be able to do on a regular tour and I felt safe and well taken care of. Sailing down the Nile and the time we spent in the Kings Chamber were just a couple of the highlights and let's not forget my fellow travelers, each one unique, talented, and special and all of whom I now call friends. Three words for anyone thinking of going on this Odyssey with Sheila, *"Just Do It"*.

**MELISSA P. (owner of Crystal Essence in Gt. Barrington, MA)** My experience with Sheila in Egypt is unexplainable in so many respects. I can say that it was life changing and beautiful, profound, and astounding. Most of all it was by far the best thing that I have done in this life for myself. I had an experience many decades ago in NYC that made me very frightened of all things Egyptian, so I never expected to find myself committing to go to Egypt ever! When Sheila let me know about the Odyssey I immediately knew I was going. This was more than a vacation; it was a journey of the soul and of the spirit. I was reconnected with my soul family, my dearest friends, my tribe-- the other Egyptian Odyssey travelers! People all over the world go to Egypt to see the sites, the Pyramids, the Sphinx, the temples and tombs, but they don't experience them the way we did-- we transcended time and were truly in the midst of ancient Egyptian energy! Sheila guided us and helped us reconnect to ourselves, to each other, and to Egypt. An experience I will never forget, filled with self-discovery! Epic and Beautiful! Let your heart guide you, listen to your soul, and take the opportunity and go!

**JENNIFER T. (Consultant)** The Egyptian Odyssey was magical. We were led by an extremely knowledgeable and experienced Egyptologist-guide, Rina, who educated us throughout the adventure. We experienced private viewings of Egyptian monuments and temples where we spent time meditating, contemplating, and reflecting. Sheila brought together a wonderful group of like-minded individuals who immediately established deep connections that will be long lasting.

**WENDY B. (Psychologist)** My Egyptian Odyssey with Sheila and with an extraordinary group of “kindred spirits” brought me to new depths of understanding world history, the mysteries of the ancient civilization of Egypt, and so many new opportunities outside the realm of my life experience. I found myself saying “yes” to everything this trip had to offer because I was part of a group with contagious exuberance, joy, and curiosity. Under Sheila’s guidance and inspiration, and with the help of our extraordinary guide, Rina, we explored the hidden gems of Egypt in a profoundly intimate and spiritual way. Regardless of one’s travel experiences, the “*trip of a lifetime*” is a well-deserved description of this Odyssey!

**DOREENE H. (ACTOR, WRITER, HEALER)** I had always wanted to go to Egypt, but I never knew why or what to expect. And when I read that Sheila was going, I knew it was time. The Egyptian Odyssey was incredible. Being in the temples and seeing the hieroglyphics up close and having the symbolism explained to you was beyond amazing. I found myself connecting to so much there. Having private audiences with the Sphinx, and Sekhmet, and going to the Kings Chamber at the top of the Great Pyramid without the crowds is the only way to go. We saw so much in Cairo, Luxor, Aswan, and on the Nile. It was a wonderful adventure and Sheila and our Egyptologist, Rina, were the perfect guides for this journey. One important fact that I have to mention is that we had a lot of fun. We learned. We laughed. And we grew as individuals and as a group. We all had personal transformations and our lives are all better as a result of it. I look forward to when I can return to Egypt.

**CAROL H. (Consultant)** The Scottish Odyssey with you more than lived up to my expectations-- reading it on paper was nothing compared to the experience of living it! I enjoyed the evening talks and pulling the Card and Word of the Day. And our local guides were just so perfect for this trip with us-- great personalities and a mix of stories, history, music and general knowledge made the coach rides an experience! You did an amazing job putting this all together for us! *Thank you!*

**CAROLYN S. (Life Coach)** I would say this to anyone considering taking a spiritual journey with you, Sheila: “*Imagine an opportunity to journey with a group of kindred spirits, take in the soul and spirit of a country, and find your own personal connection, past or present, to a magical and sacred land. With special attention to detail, the amazing contribution of wonderful local guides who appreciate the history, the sacred spaces, and the magic of their country and fully share that with you and with Sheila’s guiding hand, this journey will surpass expectations. I recommend this to others without reservation.*”

**DORIS. W. (Entrepreneur)** This Odyssey exceeded all expectations! The difference between your Odyssey and a generic sight-seeing tour is that, with you, you get everything the other tours offer AND a spiritual/ personal growth experience! (And many more unique, meaningful attractions.) My participation in your Scotland Odysseys combined all the usual thrills of sight-seeing and traveling with a remarkable deep soul experience. Being on the Odyssey made me want to participate, rather than being a passive passenger-- I felt like an adventurer zeroing in on a major identity shift!

# Sheilaa L Hite

## SHEILAA L HITE, C.H.T., CLC



Sheilaa Hite, C.Ht., CLC, is a world-renowned Tarot Master and Astrologer, teacher, Intuitive, author and spiritual guide whose ability to expertly interpret and use the power and energy of the Tarot and Astrology, as well as develop this gift in others, is legendary. Author of the groundbreaking book, *The Spiritual Hedonist*, the innovative Tarot book, *The Infinite Tarot-- The Essential Guide for Connecting to the All-Knowing Source*, and the 101 Tarot Spreads book series, she is featured in both editions of Paulette Cooper's book, *The 100 Top Psychics and Astrologers in America*.

A naturally gifted Intuitive with an accuracy rate of 95-100%, she was born with the ability to 'see' and interpret information from the ethereal plane far beyond most in her field, bringing practical solutions to both spiritual and worldly issues. Her course-- *The Tarot: A Counseling Tool for Psychologists*© makes excellent use of her skills as a teacher-diagnosticsian and has garnered high praise from the professionals who have consulted with her.

Acknowledged as "original," "charismatic" and "brilliantly insightful", she insightfully uses the Tarot, Astrology, Palmistry, Psychometry, Dream and Symbol Interpretation, Mediumship, Channeling, Meditation, Healing and Intuitive Counseling as she helps you understand and fulfill the meaning and purpose of your life. As one of the foremost life-skills mentors alive today, she is also a Certified Clinical Hypnotherapist, Past Life Regressionist, Certified Mentor/Life Coach, Healer, Motivational Speaker and Author.

Although she accepts the title of 'psychic' (because of the public's limited understanding of the Intuitive Arts), Sheilaa is an Intuitive because the power of her abilities stems from her highly developed intuition, which is directly connected to the source of all knowledge-- The Creator. Through her powerful connection, she manifests Magic, Miracles, and Joy for her clients and herself.

As a media consultant, author and Intuitive, she has been featured on television in such programs as Entertainment Tonight, American Movie Classics, E! Television and NBC's groundbreaking, "The Other Side."

One of only a handful of people in the world permitted by the British government to enter and conduct ceremonies in the sacred inner circle of stones in Stonehenge, she is also the first metaphysician authorized by the city of Malibu, California to teach in their facilities. As a Master of the Sacred Intuitive Arts, she naturally understands the true function of energy and knows how to powerfully work with it to help others influence their successful outcomes.

Her international client list numbers in the thousands and includes TV, movie and sports celebrities, politicians, homemakers, business professionals and members of the clergy and military. Her articles and columns have also appeared on-line, as well as in numerous national and international publications. Through her company, *Odysseys-- Grand Travel Experiences for the Heart, Spirit, Body and Mind*-- she also conducts tours and leads retreats to inspiring, beautiful places throughout the world.

As a catalyst of the soul and mind, her extraordinary ability to recognize, integrate and align the energies of the four creative realms have made her mastery at teaching others how to turn "*lead into gold*," legendary. By synthesizing the expertise of her lifetime, extensive practical experience, sharp business acumen, innate intelligence and spot-on intuition, she uniquely unites and ignites the key elements that help guide her clients and students as they learn the modern-day alchemy secrets of making their dreams come true.

***"I love my work, I love that I've been chosen to do it and I love that I'm good at it.***

***Helping people to be happy and feel empowered makes me happy.***

***Life is a grand adventure and we are meant to enjoy and grow from the experience."***