

FRENCH ODYSSEY 2025

The Art of Joie de Vivre-- the Joy of Life!

**SPECIAL
EARLY BIRD
PRICE!**

**+ Additional Early Bird
Registration Bonus!**

*The first 15 people who
register for the French
Odyssey will receive a
complimentary half-
hour private intuitive
consultation with me.*

*ODYSSEY-- a spiritual quest of
self-discovery; a journey home*

**OCTOBER 20 to
OCTOBER 30, 2025**

WWW.SHEILAAHITE.COM

**OCTOBER 20 TO
OCTOBER 30, 2025**

*For more information
and to book your space,
contact*

**Sheilaa L Hite
www.SheilaaHite.com**

*“It’s really a drag to sit around when you’re old, and think,
‘Ah, gee, I never went to France.’ Life is very short. Go to France.”*

Grace Slick, Jefferson Airplane

*“I love Paris in the springtime, I love Paris in the fall,
I love Paris every moment, Every moment of the year...”*

What is it about France that makes the heart yearn for it and all it promises? France invites you to live the way we are all meant to live—with Joie de Vivre—the Joy of Life! And France gives you the permission to do so. France is, in itself, a Divine experience and experiment, centered in the passion of the heart, which is where Divine energy lives. There’s something about being there that puts you in touch with your true essence. Just walking along the picturesque streets evokes deep remembrances. I think it’s because so many of us have lived past lifetimes there.

France is a portal, a sacred gateway. The French know that life is to be lived fully and with joy. Doing so is Divine and as natural and important a part of your spiritual-emotional mission as breathing. Too often we forget the importance of that and put embracing life’s treasures along with our hopes, wishes, and dreams on hold until... And “until” keeps getting extended and what your heart and soul yearn for never happens.

The purpose of our French Odyssey is (as I write in my book, “The Spiritual Hedonist,”) “to discover and unapologetically live from what Divine energy already knows—that it is the highest good to unconditionally love ourselves and live a happy and satisfied life.”

Being a Spiritual Hedonist simply means that you’re honoring your Divine right and sacred responsibility by living in joy, acknowledging your value, coming from your heart, and being of service. That’s the highest and most profound form of spirituality that we can practice. When your heart is focused on joy and happiness, you are closest to and in direct communication with the Divine. You effortlessly become a magnet for your good and you automatically attract the very best to yourself.



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Join me on the French Odyssey where you'll awaken and embrace those sacred parts of yourself that have lain dormant for too long. Let your soul remember what the French know—that being in France is a conscious altered state of being, communing and bonding with your Higher self.

The successful encounter with your own Divine path happens on many levels—the physical, mental, spiritual, and emotional. Through ceremonies, sacred sites, simply being there, and so much more, the paths that connect the ancient realms and the world of today will open and transport you back to the essential truth of your soul's journey throughout your many lifetimes.

Our French Odyssey goes beyond the usual tourist track. With elegant grace touching our souls and energizing our journey, we'll travel with special guides in our own private coach and by train from wondrous place to wondrous place as we revel in the beauty of this marvelous land.

The structure of our Odyssey ensures that our sacred journey will be a fulfilling one, revealing and reconnecting us to the depth and richness of our life's power and purpose. Each day and experience will provide opportunities for soul-evolving shifts as we consciously reconnect to the delightfulness of our soul's lineage of joy, passion, and purpose through meditations, explorations, interactions in mystic places, ceremonies, and daily Tarot, astrological, and numerological readings.

***“This is the
purpose of life--
to get what
you want.
There are
deeper things,
but this is fun.”***

Karl Lagerfeld

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*Paris is always
a good idea."*

Audrey Hepburn

WHY YOU SHOULD JOIN ME:

"France is great because she is France."

Victor Hugo

This is your chance to **experience France** with a group of like-minded spiritual travelers and **have unique spiritual awakenings, initiations, and opportunities** the typical tourist never has. Both the spiritual and practical aspects of the French Odyssey are well planned: charming accommodations, amazing meditations and ceremonies, **the very best guides** who really know France.

Our French Odyssey is the perfect opportunity to **awaken your Divine Connection to Joie de Vivre—the Joy of Life** as you discover, connect with, and embrace the purpose and Mastery of your life.

Each destination and event have been carefully chosen and designed to give you **extraordinary, once-in-a-lifetime experiences**.

As you **discover and learn how to move, step-by-step, into the life you were created for**, your insights and experiences will inform, empower, and bless every day of the rest of your life.

We'll be **experiencing the most amazing energies, reconnecting with our own individual Divine energy, recognizing "old soul" brethren, and embracing the mysticism of our soul's journey** on so many wondrously exquisite levels!

THIS IS ONLY A FRACTION OF WHAT WE'LL EXPERIENCE:

We'll begin our French Odyssey in the medieval walled city of Carcassonne in the south of France—Knights Templar territory and home to the Cathars and the Divine feminine spirit of Mary Magdelene. Here, through ceremony, we'll connect with the spirits of Mary Magdelene and the Knights Templar, and by so doing, we'll discover how our lives—both past and present—continue to weave the rich tapestry of our soul's journey through time.

Among the places we'll visit is the legendary Rennes-le-Chateau, and there through an empowering guided meditation, you'll meet and bring forward into this lifetime one of your most powerful spiritual guides.

And of course, we'll visit the birthplace of the Nectar of the Gods—Champagne! There, you'll further awaken and delight your Divine spirit at a special champagne and sparkling wine tasting event. The food in France, especially the south, is a gourmet's delight, so it's fitting that we'll have the pleasure of creating our own 3-course meal at a private cooking class.

We'll travel through the French country-side by train to the legendary Chartres Cathedral in the medieval town of Chartres where you'll have the life affirming opportunity to tread one of the oldest, most powerful, continually walked labyrinths in existence. Built in the 13th century, it has attracted millions of spiritual seekers throughout the ages. The energy of the labyrinth is amazing! When I walked it, I received two life-path altering messages that changed the trajectory of my life



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and released me from the burdens and sorrows of this life and my past lives. What miracles will you receive?

The rest of the cathedral is stunning, too. It's renowned for having one of the best-preserved and most complete sets of medieval stained-glass windows, ancient symbols, and important sculptures. Chartres Cathedral has quite a story to tell and our guide will teach us how to get "her" to reveal her secrets.



And then, onto the jewel in the crown of our French Odyssey-- Paris!

Whether this is your first visit or a return to the City of Light, you'll instantly know that you've come home! There is no other place like Paris. Mere words cannot adequately describe this city. Audrey Hepburn once said, ***"Paris exists to remind you that all your dreams are real."*** She's right. And Jean Cocteau chimed in, ***"The south of France is the greenhouse where the roots grow. Paris is the shop where the flowers are sold."*** He's right, too. Oh, and here's one more-- ***"To be a Parisian is not about being born in Paris, it is about being reborn there."*** I can personally attest to that.

Just being in Paris will provide lessons in history, beauty, and the point of life. Like a treasure map or Tarot spread you'll unveil the hidden pathways to your birthright of Joie de Vivre and just "being" as we visit magical places and landmarks familiar to your soul, including the magnificent Versailles, the celebrated Louvre Museum, the always awesome Eiffel Tower, the timeless splendor of Sacre Coeur basilica--"the kept promise", the fabulous Galeries Lafayette with its exquisite stained glass dome, affordable luxurious designer clothing, and heavenly rooftop view of the city, the eternal elegance of the Left bank and lively Latin Quarter, the otherworldly opulence of the elegant little chapel of Sainte-Chapelle, the charming cafes and restaurants serving sumptuous Parisian cuisine, the enticing aroma of fresh baked croissants wafting from the neighborhood boulangeries, and so much more.

We'll come full circle with our connection to Divine feminine energy as we visit the empowering Parisian Black Madonna, the healer/protector of women. In her presence, we'll have the opportunity to bond with her in a special ritual. By so doing, we will further release the karma of our past as we move onto new, lighter pathways of self-expression, appreciation, and joy.

As everyone who's traveled on one of my Odysseys knows--there will be shopping! Adorning and gifting one's self is as spiritual an act and art as silent meditation. There'll be plenty of free time to relax, shop, "just be", explore on your own, and reflect on your experiences, too. In addition to other awesomeness, cafes, and shops, France has world class museums, hiking trails (in the countryside and in Paris), profound other-worldly energy, and beautiful views.

Just think of the wonder of it as you rediscover your connection to the joy and beauty of your innate being. What soul deep questions will be answered for you? What great truths, profound memories, and slumbering emotions will awaken within you during your French Odyssey sojourn?

On our last night in Paris, we'll gather together in one of the city's most celebrated restaurants to enjoy a festive farewell dinner and share our wondrous experiences with each other.



***"Remember gentlemen,
it's not just
France we're
fighting for,
it's Champagne!"***

Winston Churchill

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WHY I HAVE BEEN CHOSEN TO GUIDE YOU ON THIS ODYSSEY:

My life is an ever changing, soul evolving, joy-filled, transformational odyssey and when you accompany me on a journey like this—your life changes! Join me and share in my magic as you discover your own!

As the person who coined the phrase and wrote the book, *The Spiritual Hedonist*, I know the ways of consciously choosing to live a life of class, grace, and soul awareness. As a result, I understand that Spiritual Wisdom can only come about if you're able to fully experience life, fun, creativity, and the joy of connecting to your senses.

Life is a journey; I know the route – I am one of only a handful of people in the world permitted by the British government to enter and conduct ceremonies in the sacred 'inner circle of stones' in Stonehenge, as well as being the first metaphysician authorized by the city of Malibu, California to teach in their facilities.

From the outer world, I guide you to the inner world where you will discover and reclaim the power, beauty, and magic of your life's purpose and soul's intention. And from the inner world I guide you back to the outer world where you can live in the fullness of that divine knowledge and awakened spirit. Socrates said, "Know Thyself"—I go beyond that and I teach you what I have learned, how to 'Trust Yourself' so that you *can* 'Know Yourself.'

ITINERARY

- Mon, 20 Oct.** Depart for France. To arrange your flights (not included in price of Odyssey), please contact Sharon Polidoro at Berkshire Travel Group-- email: spolidoro.btg@gmail.com
- Tue, 21 Oct.** Arrive at Toulouse airport and claim luggage. The group will be met in the arrival hall by the Tour Manager who will accompany you to our hotel in Carcassonne. You'll have an opportunity for lunch on your own. After lunch, you'll continue on to the hotel where the Tour Manager will assist you with the check-in process. Hotel portorage—1 bag per person. Free time on your own until we gather for our group welcome dinner and meeting in the evening. (Dinner)
- Wed, 22 Oct.** Breakfast at hotel. Guided tour of Carcassonne, Knights Templar, and Cathar sites. Lunch in Limoux, a small town south of the medieval city of Carcassonne and home to Abbaye de Saint-Hilaire (Abbey of St. Hilaire) where monks first documented making sparkling wine in 1531 (over a 100 years before Dom Perignon!). Afternoon tour of Sieur D'Arques, largest winery in the region and Champagne and sparkling wine tasting. Afterwards, free time in Carcassonne and dinner on own. (Breakfast, Lunch)
- Thur, 23 Oct.** Breakfast at hotel. Travel to Rennes-le-Chateau and the surrounding area for tour and Divine feminine sacred waters ceremony. Free time for lunch on own. Return to Carcassonne and free time until this evening's cooking class where we'll learn to prepare a traditional 3-course French meal. (Breakfast, Dinner)

- Fri, 24 Oct.** Breakfast at hotel. Check out of hotel. Coach transfer to Toulouse railroad station. Tour Manager assists with boarding Rail Europe and escorts group from Toulouse to Paris. In Paris, escorted to hotel and check-in with Tour Manager's assistance. Hotel portorage—1 bag per person. Lunch and free time on your own until group gathers in lobby for panorama tour of Paris. After tour, group dinner in local restaurant. Return to hotel. (Breakfast, Dinner)
- Sat, 25 Oct.** Breakfast at hotel. Group gathers in hotel lobby and boards coach for Chartres. Tour Chartres Cathedral and walk the labyrinth. Free time and lunch on own. Return to Paris hotel, remainder of day and evening on own. Dinner on own. (Breakfast)
- Sun, 26 Oct.** Breakfast at hotel. Group gathers in hotel lobby and boards coach for visit to Versailles and Gardens. After tour, lunch on own. After lunch, group will board coach for 1-hour visit with Black Madonna and ceremony. Return to hotel and, remainder of day and evening on own. Dinner on own. (Breakfast)
- Mon, 27 Oct.** Breakfast at hotel. Group gathers in hotel lobby and boards coach for guided visit to the Louvre Museum. After the Louvre, board coach for visit to Galeries Lafayette (what department stores look like in heaven). Free time for lunch and shopping on own. Return to hotel and remainder of day and evening on own. Dinner on own. (Breakfast)
- Tue, 28 Oct.** Breakfast at hotel. Free day to explore Paris on own. Lunch and Dinner on own. (Breakfast)
- Wed, 29 Oct.** Breakfast at hotel. It's our last full day in Paris. Group gathers in hotel lobby and boards coach for visit to Sacre Coeur ("The kept promise"). After Sacre Coeur, group goes to a street of souvenir shops—an excellent array of shops with a good variety of quality souvenirs at reasonable prices. Free time for shopping and lunch on own. Group returns to hotel via coach. Free time until evening when group gathers in hotel lobby. Coach to restaurant for our Farewell Dinner and celebration of our phenomenal journey, our renewal, our reconnection, our Joie-de-Vivre! After dinner, coach returns us to hotel. Pack and prepare to check-out in the morning. (Breakfast, Dinner)
- Thur, 30 Oct.** Breakfast at hotel. Check out of hotel and make your own arrangements for transport to the airport for your return flight home. As you fly away, you'll see Paris from the air and to quote *Janice Macleod*, "Know though you may leave Paris, Paris never really leaves you." (Breakfast)

(Please Note: Great care and planning have gone into creating the Odyssey. However, on occasion, the itinerary schedule may need to be adjusted to suit current circumstances.)

AN ODYSSEY HEADS-UP: *Since the end of Covid, European tour companies have new rules and as a result, have new registration/scheduling requirements. They have shortened the deadline for signing up fortours and unfortunately, this affects us too. I'd love to have you join us for the France Odyssey this coming October; in order to do so, though, please remember that you'll have to decide and register no later than July 22, 2025.*



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*“The whole of Paris
is a vast university
of Art, Literature,
and Music... it
is worth anyone’s
while to dally here
for years. Paris is
a seminar, a post-
graduate course in
everything.”*

James Thurber

WHAT?

A once in a lifetime experience, sacred places and sacred soul-time, fun time, breathing time, alone time, group time.

WHERE?

France, the magical gateway to Joie-de-Vivre!

WHEN?

October 20 – 30, 2025

WHY GO THERE?

The life changing experiences, the destinations, the events that become a portrait of self-discovery for each participant on this journey, the fun of it, new people and places, the results; each destination, each event is a marker of your progress on this powerfully liberating journey, the realization that using your resources for your soul is as important to your development and life as eating, the knowledge that you are, and you can create magic.



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JOIN ME AND EXPERIENCE:

- The beauty and wonder of France from the south to Paris
- The birthplace of Champagne & a special Champagne & sparkling wine tasting ceremony
- Reconnection to the Divine feminine & Joie-de-Vivre-- the Joy of Life!
- Private cooking class where we'll learn to prepare a traditional French meal
- Walking the largest remaining devotional pathway, the 13th century Chartres Cathedral labyrinth
- Visit & ceremony with the Parisian Black Madonna
- Guided tour of Versailles palace & gardens
- Guided tour of medieval walled city of Carcassonne, Rennes-le-Chateau, & Rennes-les-Bains
- Panoramic tour of Paris
- Guided tour of the Louvre Museum & Sacre Coeur basilica
- The Eiffel Tower, Notre Dame, & so much more
- World class shopping opportunities
- Travel with other like-minded spiritual adventurers
- And countless other serendipitous wonders!

WHAT'S INCLUDED:

- Land pricing
- All in-country travel
- Transfer between arrival airport & Carcassonne hotel
- 9 nights hotel accommodations (double occupancy). Single occupancy can be arranged for an additional cost
- All breakfasts, 1 lunch, & 4 dinners including Welcome and Farewell Dinners
- Specially designed group guided meditations
- Expressly designed ceremonies
- An interpretation of our daily Tarot, numerological, and astrological guidance to support us
- All Odyssey teachings, ceremonies, rituals, trainings, meditations, group sessions and processes
- An Odyssey journal & pen
- Transportation with drivers and local guides
- Hotel portorage of 1 suitcase per person
- Ground transportation, as per the itinerary throughout the Odyssey (including ground transfer between arrival airport and Carcassonne hotel)
- All excursions and entrance fees indicated in the itinerary
- Free time to use as you wish
- Explorations for art, keepsakes, and body adornment (shopping!)
- Countless serendipitous wonders and memories to feed the soul and renew the spirit
- An information packet with tips and hints on French culture & language, traveling clothes, walking shoes, passports, travel insurance, local currencies, and more

WHAT'S NOT INCLUDED:

- Your round-trip airfare to/from France
- Departure taxes and travel expenses before and after the Odyssey
- Any purchases while shopping in the alluring cities, villages, and markets along the way
- Gratuities for waiters, drivers, and guides (as with all international tours)
- Personal, medical, or trip cancellation insurance
- Incidental beverages (in restaurants & elsewhere)
- Hotel extras, souvenirs, personal phone calls, spa services, cleaning services and laundry, tips for bell-boys and your room maids, and any item not specifically detailed in the Odyssey itinerary.

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FLIGHTS

Although you are responsible for your own flights and/or transportation to and from France, you must arrange to arrive at Toulouse airport on Day 2 of the French Odyssey (Tuesday, October 21, 2025) within a certain time frame if you want to be transferred from the airport to our Carcassonne hotel at no extra transport charge.

You must also arrange & pay for your transfer from our Paris hotel to the Paris airport on the day of your departure. Most likely, you'll be able to share the cost with another participant.

Please contact Sharon Polidoro of Berkshire Travel Group BEFORE you make any flight arrangements (email: spolidoro.btg@gmail.com). Sharon can assist you with all of your flight arrangements, airport transfers, and any additional travel plans, as well as ensure that your flight plans will fit the structure of the Odyssey. Doing so will save you time, effort, & money.

You must arrive at the hotel in Carcassonne **no later than 5pm, Tuesday, October 21, 2025** to ensure participation in all events.



“Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So, throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails.

Explore, Dream, Discover.”

Mark Twain

FRENCH ODYSSEY PRICING & INFORMATION

Early Bird Price: (+ additional Early Bird Registration Bonus!-- see below for details) Land only, **\$5,199.00 USD** per person, based on double occupancy, **if paid in full by May 22, 2025**. If you're traveling solo, we can match you with a roommate for double occupancy status. (Other French tours not even offering close to what this Odyssey offers are 2-3 times the price!)

Cost of the French Odyssey - Land only is **\$5,499.00 USD** per person, based on double occupancy. **Full payment must be received no later than July 22, 2025**. If you're traveling solo, we can match you with a roommate for double occupancy status. (Other French tours not even offering close to what this Odyssey offers are 2-3 times the price!)

Single supplement - \$ 1400.00 USD extra per person

Value of the experience – **PRICELESS!**

Deposit Required upon registration - **\$999.00 USD** will reserve your space. (Payment plan is available) Balance due July 22, 2025

Travel Insurance - Trip cancellation insurance is offered by the travel agency. It's always a good idea to get it-- it protects you. Contact Sharon at Berkshire Travel Group for more information-- spolidoro.btg@gmail.com

Cell phones - an international cellphone is recommended, or local SIM Card which can be purchased from your cell phone provider.

Important Note: *Our great pricing is based on an anticipated number of registered participants, so in order for the tour to be a go, we must have at least 15 participants registered by July 22, 2025 (bring a friend!)*

Early Bird Registration Bonus! The first 15 people who register for the French Odyssey will receive a complimentary half-hour private intuitive consultation with me. (To be conducted upon our return from France.)

TESTIMONIALS

DAMLA A. (Healer) Going on the Egyptian Odyssey with Sheila and my soul travelers was the journey of a lifetime for me. From the private visit with the goddess, Sekhmet, to the meditation in the King's chamber of the Great Pyramid to all the beautiful temples and sacred sites we visited, I felt deeply held, nourished, and healed-- not just by the sacred land of Khemet and Goddesses but also by the healing mother energy held by all of us in the group. We laughed, cried, ate, celebrated, and moved through and released lifetimes of karma together. I am forever grateful for this experience and Sheila's divine spiritual guidance.

CIERA A. (Astrologer, Metaphysical Diviner) The Egyptian Odyssey was a once in a lifetime trip, but the kind that makes you hope it really could be MORE than once in a lifetime! We didn't just go on a trip, we went on a journey. I can confidently say that this trip changed my life. I can't imagine what my life would look like now had I not gone on this incredible adventure. Not only were the practical parts of the trip seamlessly organized and executed, but the attention to the spiritual detail was beyond what I could have ever expected. Everyone, both as a group and as individuals, had life-changing experiences. Imagine not only getting to appreciate the architectural beauty of an ancient temple, but the spiritual power of it as well. I am forever changed by this experience and I am forever grateful I decided to embark on this Odyssey.

CASY C. (Actor, Director, Teacher) Once I saw your Egyptian Odyssey brochure something inside me woke up. I didn't know why; I just knew I needed to be with you on our Odyssey. From that first group dinner and meeting one another, I experienced such positive energy. I knew great care had gone into the planning of all that was about to happen.

From the pre-dawn private visit to the goddess Sekhmet at the Temple Karnak, to the idyllic afternoons on the roof deck of our ship as we cruised down the Nile, it was all exquisitely dreamlike. I know there are not really words that can fully express how Egypt took hold of me, embraced me, told me who I had been, and how I was about to transform. Upon my return home I realized I was going to live from my heart and trust myself and life again. As a result, I'm now committed to following my dreams. An unexpected side effect of this awakening-- my marriage is happier than ever because I too, am happier. I love and appreciate you, Sheila, and the beautifully transformative trip.

BARBARA S. (Tarot Practitioner) As promised, my Egyptian Odyssey was certainly a trip of a lifetime. Our fearless leaders Sheila and Rina were spectacular and even though I've been back for a while, I am still processing all that we experienced. We got to do things that you would never be able to do on a regular tour and I felt safe and well taken care of. Sailing down the Nile and the time we spent in the Kings Chamber were just a couple of the highlights and let's not forget my fellow travelers, each one unique, talented, and special and all of whom I now call friends. Three words for anyone thinking of going on this Odyssey with Sheila, *"Just Do It"*.

MELISSA P. (owner of Crystal Essence in Gt. Barrington, MA) My experience with Sheila in Egypt is unexplainable in so many respects. I can say that it was life changing and beautiful, profound, and astounding. Most of all it was by far the best thing that I have done in this life for myself. I had an experience many decades ago in NYC that made me very frightened of all things Egyptian, so I never expected to find myself committing to go to Egypt ever! When Sheila let me know about the Odyssey I immediately knew I was going. This was more than a vacation; it was a journey of the soul and of the spirit. I was reconnected with my soul family, my dearest friends, my tribe-- the other Egyptian Odyssey travelers! People all over the world go to Egypt to see the sites, the Pyramids, the Sphinx, the temples and tombs, but they don't experience them the way we did-- we transcended time and were truly in the midst of ancient Egyptian energy! Sheila guided us and helped us reconnect to ourselves, to each other, and to Egypt. An experience I will never forget, filled with self-discovery! Epic and Beautiful! Let your heart guide you, listen to your soul, and take the opportunity and go!

JENNIFER T. (Consultant) The Egyptian Odyssey was magical. We were led by an extremely knowledgeable and experienced Egyptologist-guide, Rina, who educated us throughout the adventure. We experienced private viewings of Egyptian monuments and temples where we spent time meditating, contemplating, and reflecting. Sheila brought together a wonderful group of like-minded individuals who immediately established deep connections that will be long lasting.

WENDY B. (Psychologist) My Egyptian Odyssey with Sheila and with an extraordinary group of “kindred spirits” brought me to new depths of understanding world history, the mysteries of the ancient civilization of Egypt, and so many new opportunities outside the realm of my life experience. I found myself saying “yes” to everything this trip had to offer because I was part of a group with contagious exuberance, joy, and curiosity. Under Sheila’s guidance and inspiration, and with the help of our extraordinary guide, Rina, we explored the hidden gems of Egypt in a profoundly intimate and spiritual way. Regardless of one’s travel experiences, the “*trip of a lifetime*” is a well-deserved description of this Odyssey!

DOREENE H. (ACTOR, WRITER, HEALER) I had always wanted to go to Egypt, but I never knew why or what to expect. And when I read that Sheila was going, I knew it was time. The Egyptian Odyssey was incredible. Being in the temples and seeing the hieroglyphics up close and having the symbolism explained to you was beyond amazing. I found myself connecting to so much there. Having private audiences with the Sphinx, and Sekhmet, and going to the Kings Chamber at the top of the Great Pyramid without the crowds is the only way to go. We saw so much in Cairo, Luxor, Aswan, and on the Nile. It was a wonderful adventure and Sheila and our Egyptologist, Rina, were the perfect guides for this journey. One important fact that I have to mention is that we had a lot of fun. We learned. We laughed. And we grew as individuals and as a group. We all had personal transformations and our lives are all better as a result of it. I look forward to when I can return to Egypt.

CAROL H. (Consultant) The Scottish Odyssey with you more than lived up to my expectations-- reading it on paper was nothing compared to the experience of living it! I enjoyed the evening talks and pulling the Card and Word of the Day. And our local guides were just so perfect for this trip with us-- great personalities and a mix of stories, history, music and general knowledge made the coach rides an experience! You did an amazing job putting this all together for us! *Thank you!*

CAROLYN S. (Life Coach) I would say this to anyone considering taking a spiritual journey with you, Sheila: “*Imagine an opportunity to journey with a group of kindred spirits, take in the soul and spirit of a country, and find your own personal connection, past or present, to a magical and sacred land. With special attention to detail, the amazing contribution of wonderful local guides who appreciate the history, the sacred spaces, and the magic of their country and fully share that with you and with Sheila’s guiding hand, this journey will surpass expectations. I recommend this to others without reservation.*”

DORIS. W. (Entrepreneur) This Odyssey exceeded all expectations! The difference between your Odyssey and a generic sight-seeing tour is that, with you, you get everything the other tours offer AND a spiritual/ personal growth experience! (And many more unique, meaningful attractions.) My participation in your Scotland Odysseys combined all the usual thrills of sight-seeing and traveling with a remarkable deep soul experience. Being on the Odyssey made me want to participate, rather than being a passive passenger-- I felt like an adventurer zeroing in on a major identity shift!

“Paris, je t’aime.” (Paris, I love you.)

“Paris holds the key to your heart.”

Anastasia

Sheilaa L Hite

SHEILAA L HITE, C.H.T., CLC



Sheilaa L Hite, C.Ht., CLC, is a world-renowned Tarot Master and Astrologer, teacher, Intuitive, author and spiritual guide whose ability to expertly interpret and use the power and energy of the Tarot and Astrology, as well as develop this gift in others, is legendary. Author of the groundbreaking book, *The Spiritual Hedonist*, the innovative Tarot book, *The Infinite Tarot-- The Essential Guide for Connecting to the All-Knowing Source*, and the 101 Tarot Spreads book series, she is featured in both editions of Paulette Cooper's book, *The 100 Top Psychics and Astrologers in America*.

A naturally gifted Intuitive with an accuracy rate of 95-100%, she was born with the ability to 'see' and interpret information from the ethereal plane far beyond most in her field, bringing practical solutions to both spiritual and worldly issues. Her course-- *The Tarot: A Counseling Tool for Psychologists*© makes excellent use of her skills as a teacher-diagnosticsian and has garnered high praise from the professionals who have consulted with her.

Acknowledged as "original," "charismatic" and "brilliantly insightful", she insightfully uses the Tarot, Astrology, Palmistry, Psychometry, Dream and Symbol Interpretation, Mediumship, Channeling, Meditation, Healing and Intuitive Counseling as she helps you understand and fulfill the meaning and purpose of your life. As one of the foremost life-skills mentors alive today, she is also a Certified Clinical Hypnotherapist, Past Life Regressionist, Certified Mentor/Life Coach, Healer, Motivational Speaker and Author.

Although she accepts the title of 'psychic' (because of the public's limited understanding of the Intuitive Arts), Sheilaa is an Intuitive because the power of her abilities stems from her highly developed intuition, which is directly connected to the source of all knowledge-- The Creator. Through her powerful connection, she manifests Magic, Miracles, and Joy for her clients and herself.

As a media consultant, author and Intuitive, she has been featured on television in such programs as *Entertainment Tonight*, *American Movie Classics*, *E! Television* and NBC's groundbreaking, "The Other Side."

One of only a handful of people in the world permitted by the British government to enter and conduct ceremonies in the sacred inner circle of stones in Stonehenge, she is also the first metaphysician authorized by the city of Malibu, California to teach in their facilities. As a Master of the Sacred Intuitive Arts, she naturally understands the true function of energy and knows how to powerfully work with it to help others influence their successful outcomes.

Her international client list numbers in the thousands and includes TV, movie and sports celebrities, politicians, homemakers, business professionals and members of the clergy and military. Her articles and columns have also appeared on-line, as well as in numerous national and international publications. Through her company, *Odysseys-- Grand Travel Experiences for the Heart, Spirit, Body and Mind*-- she also conducts tours and leads retreats to inspiring, beautiful places throughout the world.

As a catalyst of the soul and mind, her extraordinary ability to recognize, integrate and align the energies of the four creative realms have made her mastery at teaching others how to turn "lead into gold," legendary. By synthesizing the expertise of her lifetime, extensive practical experience, sharp business acumen, innate intelligence and spot-on intuition, she uniquely unites and ignites the key elements that help guide her clients and students as they learn the modern-day alchemy secrets of making their dreams come true.

"I love my work, I love that I've been chosen to do it and I love that I'm good at it.

Helping people to be happy and feel empowered makes me happy.

Life is a grand adventure and we are meant to enjoy and grow from the experience."